



AGE GROUPS, ACTIVITIES AND TYPICAL DAILY SCHEDULE

AGE GROUP 12-17 YEARS OLD

ACTIVITIES BASED ON EXPERIMENTATION, SEEKING, AND CREATIVITY

Because young people of that age have a need to discover and understand for themselves, our workshops are being developed based as much as possible on their ideas and personal experiences so that they can bring all this to their learning experience, whether intellectually, artistically or through sport.

Children and teenagers are adults in formation. All dimensions of their being are in a state of evolution (body, heart, and mind). They are learning to relate to others and the world in everyday life situations.

Physically, emotionally, intellectually and socially, children are constantly growing. It is for this reason that we want to offer them a fun as well as an educational summer program. Through our theme camp programs, children live a true adventure, they are part of a story, a real mission that gives direction to their holiday!

YOUR CHILD WILL BE THE HERO OF HIS (HER) ADVENTURE!

Art and culture, sports and adventure, science and nature, horseback riding and discovery, music halls and medieval shows are all part of this wonderful experience.

Our program helps children master their body, explore new places, discover history, express talents and become fluent in a foreign language easily and effortlessly. The activities we offer are fun and stimulate their imagination. Last but not least, they learn to live with others and create friendships and memories that could last a lifetime.

SPECIALIZED THEMED CAMPS

Our summer camp programs are supervised by professional camp counselors and instructors who are there to help our campers satisfy their curiosity and boost their passion for particular activities.

OUR TEENAGERS: REAL ACTORS IN THEIR SUMMER CAMP PROGRAM

At the beginning of each camp session a basic framework of activities is proposed by the camp counselors. However, campers are invited and encouraged to also participate in creating and planning new projects and new activities. They can therefore turn their dreams into reality with the support of their team of counselors if they wish!

FREE TIME

For teenagers (over 14 years old) a certain amount of free time is granted (shopping in the village, exploration...). This free time is granted only after campers have been functioning well together for at least 4-5 days at camp, giving time for our camp counselors to better know them. This free time is limited geographically and in time and always in mixed groups of 3 or 4 teenagers.



TYPICAL DAILY SCHEDULE



| | |
|----------------------------|--|
| 8:00 am – 9:00 am | Wake up (gentle wake up) / Réveil et petit-déjeuner |
| 9:00 am – 9:15 am | Shower, making beds organizing bedrooms / Toilette et rangement des chambres |
| 9:15 am - 10:00 am | Free time / Temps Libre |
| 10:00 am - 11:45 am | Activities / Activités |
| 12:00 pm – 1:00 pm | Lunch / Déjeuner |
| 1:00 pm – 1:45 pm | Quiet time / Temps Calme |
| 2:00 pm – 4:00pm | Activities / Activités |
| 4:00 pm – 4:30 pm | Snack time / Goûter |
| 4:30 pm – 5:30 pm | Free time / Temps Libre |
| 5:30 pm – 7:00 pm | Quiet time, small games, and shower / Temps Calme, Petits Jeux et Douche |
| 7:00 pm – 8:00 pm | Dinner / Dîner |
| 8:15 pm – 10:00 pm | Evening activities: reading, games, parties, shows etc... Veillée : Lecture, soirées, jeux, boum, spectacle, etc... |
| 10:30 pm - Midnight | Bedtime / Coucher |

This schedule can be of course modified depending on the daily activities and field trips